



# FALLEN ANGELS DANCE THEATRE

## Social DisDancing

In times of social distancing restrictions only, please follow the guidance when attending a workshop in a venue:

### 1. Book your space:

Email [claire@fallenangelsdt.org](mailto:claire@fallenangelsdt.org) or text 07801478548 to book your place by Friday before the workshop.

### 2. Bring with you:

A face covering, a drink, hand sanitiser and mobile phone

\*At Fallen Angels we are aware exemptions apply - re: face coverings and alcohol gel you can check in with Claire if unsure :) Proof will need to be provided e.g. Lanyard.

**3. Meet:** at your groups allocated meeting point outside the venue, time/date on your local area Facebook group pages  
We are looking forward to getting creative.

[www.fallenangelsdancetheatre.co.uk](http://www.fallenangelsdancetheatre.co.uk)

### 4. Staying safe:

#### Moving into and through your venue.

Each venue will have its own guidelines for moving through their public spaces. We will make sure you have this.

This will include:

- Keep 2 meters apart with people outside your "household"
- Wear a face covering
- Wash your hands when you leave and return home.
- Hand sanitise when you enter the venue.
  - You may/We will need to give them your mobile number for Track and Trace purposes, by booking into the workshop you are agreeing to FADT passing on your mobile number.

\*Do Not Attend if you feel unwell or have Covid 19 Symptoms\* contact Claire or a member of the team to discuss further\*

### In your workshop:

The format of the workshop will be very similar to your usual FADT workshop: **Check-in, Warm-up, Creative/Explore, Cool-down, Check-out.**

However

Where you are placed in the space and how you move through it will be different: -

On entry place your belongings in a neat pile at the side of the space, 2m apart from others belongings. If possible bring a bag for life to put all your belongings in. -

In the dance space: Maintain 2 metres apart at all times

- One way system to move through the space:
- Garret/Storyhouse in an anti-clockwise direction

*Please be aware that while FADT staff are fully vaccinated we can't guarantee every participant has been so we encourage participants to assess their own risk when attending a workshop and take steps for their own safety like wearing a mask if they wish. We do have a branded masks available if you'd like and haven't received one yet.*