



A M E S S A G E F R O M
O U R A R T I S T I C D I R E C T O R



A N N U A L R E P O R T 2 0 2 2 - 2 3

Areas: Chester, Liverpool, Greater Manchester

Transfiguration Films



Press and radio

33

Press articles/
Radio interviews/
mentions

FADT IMPACT 2022-23 OUR REACH IN NUMBERS

211

participation
workshops

33

wellbeing
sessions

37

events &
performances

118

individuals
engaged in
workshops

406

outreach
participants
engaged

7

participants
achieved Level 2
Qualification
in Mentoring

6787

audience live

95390

social media reach

Facebook reach 31168

Instagram reach 16851

Twitter impressions 47371

Total Online Potential Reach 4.8 million



FALLEN ANGELS
DANCE THEATRE

OUR IMPACT

Here is our Theory of Change
*infographic, this has been compiled this year with support from Dr Samina Zahir.

We will use the ToC to continue evaluation and measure the impact of our transformative projects and programmes.

*Theory of Change (ToC) is the method we use at Fallen Angels Dance Theatre for planning activity, engaging with participants and evaluating our impact.

Here are some links to find out more about the benefits for people taking part at Fallen Angels:

WHY RECOVERY AND DANCE?

WHY PROGRESS MATTERS

SUPPORTING CHANGE FOR PEOPLE IN RECOVERY



Theory of change

Vision

Fallen Angels Dance Theatre promotes recovery from addiction through dance theatre. Our vision is to provide high quality dance theatre experiences for people in recovery from addiction and those experiencing poor mental health where they are accepted, valued, and realise their potential.



Taster and regular dance workshops in community & arts spaces



Performance opportunities in a range of places and spaces



Volunteering which supports others and grows new skills



Progression through creative projects and cultural events



Advocacy for recovery-arts to dismantle stigma and champion new voices

Key activities

Individual Transformation Outcomes

Feeling more positive and confident after dance workshops and performances

Improved mental wellbeing

Access to a broader support circle and build social networks

Self-discovery through movement

Growing recovery capital

Improved body awareness and physical fitness - strength, balance and flexibility

Improved lifeskills

Artistic Practice Outcomes

Unique recovery-inclusive dance practice developed

Audiences exposed to high quality dance performances by people with lived experience of addiction or mental health adversity

Recovery stories placed centre stage

Clear pathway for participants to progress as artists, developing movement and creative skills

Insight into Fallen Angels Dance Theatre's methodology shared via CPD and resources

Arts and Recovery Sector Outcomes

Evidence of the benefits of recovery-arts practice

Wide range of referral pathways

Stories of addiction diversified

Change perceptions of addiction and recovery

Practice shared with local, national and international professional networks

Awareness and advocacy

Longer term

Dance as an ongoing coping mechanism supports recovery maintenance

Improved quality of life with increased confidence, resilience, pride and a sense of community

Regular access to social and arts experiences

Longer term

Greater visibility for recovery-inclusive dance practice

Non traditional pathways into dance created

Longer term

Dance becomes more inclusive

Addiction and recovery services do more work with dance and performing arts

www.fallenangelsdt.org

CASE STUDY

Chellie came to Fallen Angels after a fall at work meant that she retired early due to ill-health. In recovery Chellie reached out to her friends in the community who encouraged her to attend Fallen Angels. Chellie used to work as an engagement worker for the NHS and used to bring service users to Fallen Angels and participate in the sessions to encourage them to engage with the organisation. She is registered blind, and the fall meant that she had lost confidence going out and about on her own, therefore coming to a dance session was very much a leap of faith.

She quickly bonded with the group whom she knew from recovery circles, and her sense of humour meant she was the life and soul of the group and its activity. Reconnecting with her community and friends gave her safe space to test her boundaries in the studio. She developed both her physical skills and coordination, and this had a knock-on effect on her sense of identity and everyday ability to navigate journeying through life registered blind.

At Fallen Angels her enthusiasm to learn and be creative led her to take part in the artistic development time with actors on the Faustus production, in fact she benefited from free tickets, and also went to see it independently, as it had such a profound impact on her.

During this year Chellie became a Supporting Angel, and the team supported her to complete her Level Two Mentoring qualification.



Chellie along with a few of the other Supporting Angels participated in the Faustus early workshops, supporting the improvisation and creative process. Chellie attended a week of intensive workshops with the cast, director, and professional dancers. Having the opportunity to attend this type of creative experience was invaluable for Chellie. Participating and actively contributing to a creative process, getting a glimpse behind the scenes in a production process, Chellie reflects back on this time and describes it as a “remarkable and unique” experience.

In March 2023, Chellie was asked by Fallen Angels to be a guest speaker at a Recovery Social event that took place at Storyhouse. Chellie felt privileged to be invited to support her local recovery community. Chellie spoke about her personal recovery journey and ways in which she collaborated with other recovery agencies. Chellie relishes the opportunity to participate in this type of evening again in the future. On reflection, Chellie would like to have the opportunity again and has learned a great deal about herself during the experience.

Chellie does not let her visual impairment and fractured skull hold her back. Chellie prides herself on supporting others to be comfortable in their own skin, learning to love themselves. Chellie adores being a Supporting Angel and welcomes new opportunities and challenges with the charity.

ARTISTIC WORK

Fallen Angels Dance Theatre Productions this year: Performances Live and Online

Fallen Angels Dance Theatre worked in partnership with Storyhouse to co-produce “Faustus that Damned Woman”

Based on the play by playwright Christopher Marlowe and adapted by Chris Bush FADT co-produced the play with Storyhouse, led by our Artistic Director Paul Bayes Kitcher.

The Theatre Director, Francesca Goodridge talked in the Big Issue North about working with Paul:

“Working with Paul feels exciting on this production because Faustus is dealing with her own addiction to achieving greatness and making deals with the devil, so we want this to be a physical piece of theatre that really interrogates how the body deals with trauma.”



Flyer, Faustus That Damned Woman
courtesy of Storyhouse.

ARTISTIC WORK

Transfiguration Film Festival Success

There were over 7000 film views through the FADT website and through touring to 11 Film festivals.

Reaching beyond the FADT recovery community to national and international audiences as far as India, Thailand and the USA.

Award-winning: I Fall won Best Dance Film Award at the International World Film Award and was a Semi-Finalist at the London Web and Short Film Festival.

15 engagement activities - the film and the team reached out within groups of people: homeless, youth, volunteers, students, and professionals.



Transfiguration: I Fall.



Transfiguration: I Need.



Transfiguration: We Rise.

Feedback from our film audience:

“Definitely the most powerful/memorable and intimate film I’ve ever seen on this subject! Well done to all of your team, amazing work.”

“Wow gripping! Thank you so much for sharing the stories through your art and this film! Powerful and moving and incredibly intricate and raw movement! Laced with emotion and pain but hopeful for change! Loved watching every minute of it!”

“This was a really powerful film; I was tearful at the end and that’s not normally me. It helped me understand the journey and some of the challenges of addiction.”





CHAIR'S REPORT

The year saw Fallen Angels Dance Theatre complete the first full year out of the pandemic and deliver an increased range of innovative, creative and effective dance work which provided people in recovery with a platform for personal growth and achievement. Here are some insights:

A beautifully crafted cinematic trilogy of 10-minute dance films 'Transfiguration' were shown at a number of national and international film festivals, reaching new and wider audiences.

The first peer-led Empowering Women project.

Seven Angels passed the Level 2 mentoring qualification, to become volunteer peer mentors.

Participants led on the creation of 'Recovery and Me', a quarterly social event.

The growth of partnership working in new areas led to workshops 'Recovery in Motion' in Bolton and Salford.

A new co-production with Storyhouse, based on Dr Faustus choreographed, to great acclaim, by our Artistic Director.

We welcomed two new trustees to the Board, Laura Dunn and John Horton and to the staff team, Emma Stringfellow as the Finance and Operations manager.

A special mention to Arts Council England's Elevate Organisational Development Fund which has been instrumental in the growth of the organisation this year.

Thanks for the ongoing work of our patron, Robert Fox.

Sue Davies - Chair

**READ
SUE'S REPORT
IN FULL**

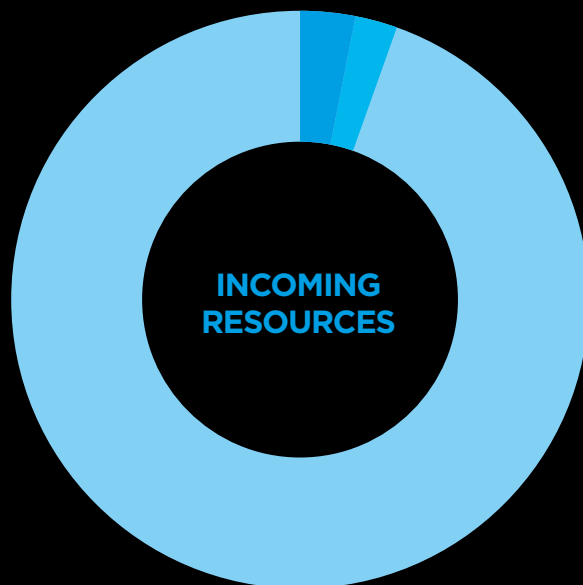
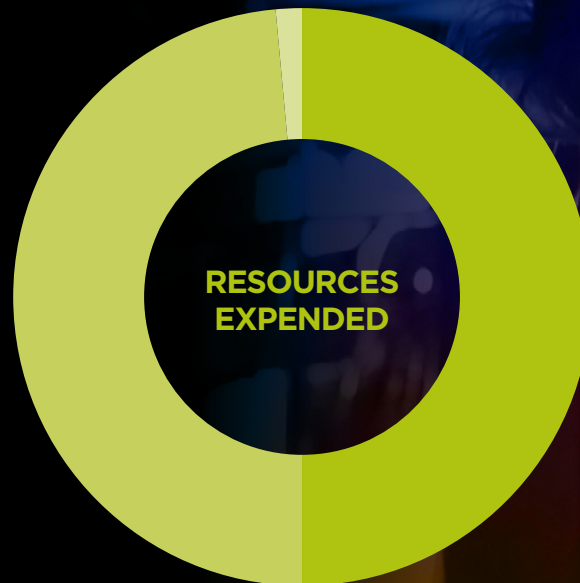


FINANCIALS

Fallen Angels Dance Theatre North West Statement of Financial Activities for the year ended 31 March 2023

■ EMPLOYMENT	£94,979
■ WORKSHOP AND PERFORMANCE COSTS	£90,649
■ OFFICE EXPENSES AND ACCOUNTANCY SERVICES	£5,539

Total expenditure for the year 2022/23
amounted to **£191,167** (2021/22 £257,690)



■ SALES	£9,000
■ DONATIONS	£7,241
■ GRANTS	£123,574

Total income for the year 2022/23
amounted to **£139,815** (2021/22 £337,187)

THANKS!

TO OUR FUNDERS:

Arts Council England
CRH Trust
Cheshire Community Foundation
Cheshire Police Commissioner
Decibellas Choir
Duchy of Lancaster
Eleanor Rathbone Charitable Trust
Estate of the Late Mrs AF Frohlich
Evan Cornish
Garfield Weston
Greater Manchester Together Fund
Liverpool Community Foundation
National Lottery Reaching Communities Fund
Salford CVS
Sanctuary Housing Foundation
Sir Donald and Lady Edna Wilson Charitable trust
All our wonderful Guardian Angels

TO OUR PARTNERS:

Storyhouse
The Turnpike
The Black E
New Note Orchestra

TO OUR PHOTOGRAPHERS:

Fallen Angels Dance Theatre
Point of View Photography
Andrew Millar
Rachel Turnock



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



FALLEN ANGELS DANCE THEATRE

STAFF:

Founder/Directors: Claire Morris, Paul Bayes Kitcher
Amy Fox / Jude Miller / Laura Mutch
Maddie Smith / Emma Stringfellow / Mary Tabbron

TRUSTEES:

Susan Davies (Chair) / Laura Dunn / Dawn Greaves
Ronno Griffiths-Pearson / John Horton
Clare Owens / Alastair Roy / Richard Wilkinson

For more information please contact Claire Morris:

e hello@fallenangelsdt.org

m +44 (0)7801 478 548

www www.fallenangelsdt.org

**FOLLOW US ON SOCIAL MEDIA
AND KEEP UP-TO-DATE
WITH ALL THINGS FADT...**



Fallen Angels Dance Theatre North West:
Company limited by Guarantee no: 08909000
Registered Charity: 1158251
Registered address: 39 Toll Bar Road Chester CH3 5QU